



# EXIT A.D.M.D. Suisse romande

Association pour le Droit de Mourir dans la Dignité

## Information on how to become a member of EXIT ADMD Suisse romande :

You can become a member through either of the following procedures:

- you can register online on our website  
<https://exit-romandie.ch/adhesion-membre-exit/>
- or you can request a hard-copy of the form from the secretariat
  1. by phone: 022 735 77 60
  2. in writing: EXIT ADMD Suisse romande  
Ch. Frank-Thomas 80  
1208 Geneva
  3. or by email: [info@exit-romandie.ch](mailto:info@exit-romandie.ch)

Please note : membership is valid for the current calendar year.

Membership renewal fee requests will be sent to you, payable each year in November for the following year.

The membership cost is CHF 40.-/year.

Once your membership is registered and your membership fee paid, you will receive:

- your membership card
- advance directives intended only (please do not send these documents to the secretariat, thank you)
  1. for your reference healthcare professional
  2. for your physician

(please do not send these documents to the secretariat)

Once you have become a member, you will receive our newsletter every six months. If you do not wish to receive this, please indicate this on your membership request.

You can also view the newsletter on our website: <https://exit-romandie.ch/archives/>

## Assisted suicide :

Any person requesting assisted suicide with EXIT ADMD Suisse Romande must meet each of the following conditions :

- Be a member of the association
- Be domiciled within Swiss territory.
- Be of legal age, thus, over 18 years old.
- Be of full mental capacity (until the day of the assisted suicide)
- Be affected by an incurable disease, intolerable suffering, or age-related disabling multiple conditions.



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You may request assisted suicide only if you meet the criteria set out above and if your contributions are up to date.

Once you have made your assisted suicide request, we will send you our procedure letter which explains what you need to provide us with in order for us to put together your file.

Should you request assisted suicide during the first year following your registration, you will have to pay a CHF 350 contribution. (Only once this amount is credited our account we will be able to forward your file to the consulting physician).

### **You will be asked to provide:**

The address of your attending physician

A Swiss medical report on your health condition, preferably in French (or possibly in German)

A letter of about fifteen lines, based on a template we will send you, which will have to be copied by hand, dated and signed. If you are no longer able to write, this letter must be produced before a notary. The letter must be in French, and must be understood by the person signing it.

If you are the beneficiary of invalidity insurance, you will be asked to provide us with the corresponding report.

If, and only if, the documents are compliant and the sums due are paid, can we forward your file to our consulting physician. The documents are valid for one year (for six months in the case of neurological disease).

The consulting physician will decide whether to accept the file and, if necessary, will ask for additional information. In certain cases, a psychiatric expert report may be requested. This cost of this must be borne by the patient and is not covered by health insurance.

If the file is accepted, an accompanying person will come to meet you, to discuss the follow-up and your wishes in relation to your request.

### **Please Note !**

Often people register too late and ask us to act as quickly as possible.

Helping you right away is simply not possible, you must allow about a month between registering and the day of assistance.

If your health condition is deteriorating, we strongly recommend that you prepare your file. Assisted suicide is not an easy process : we encourage you to talk to your family and to your loved ones.